

**LITURGY OF THE PRESANCTIFIED GIFTS
FRIDAY OF THE THIRD WEEK OF THE GREAT FAST
OCTOECHOS TONE 6
FORTY MARTYRS OF AMMORIUM**

AT PSALM 140

In Tone 7

10.

Like the prodigal, I have turned away from Your grace;
I have wasted the riches of Your goodness, O Lord.
I now run to You and cry out:
I have sinned , O Lord, have mercy on me.

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In Tone 6

8.

Your martyrs did not reject You,
nor did they renounce Your commandments.
Through their prayers, have mercy on us!

7.

Your martyrs, O Christ,
have endured many sufferings for Your sake,
and have received their heavenly crowns.
Now they intercede for our souls.

6.

The suffering martyrs, citizens of heaven,
when taking part in the contest upon earth,
endured manifold torments.
By their intercessions and prayers, preserve us, O Lord.

5.

Your Cross, O Christ, has been an invincible weapon for the martyrs;
for beholding the approach of death
and foreseeing the future life,
they were made strong by the hope that lies in You.
By their intercession, have mercy on us!

In Tone 4

4.

Noble and victorious martyrs,
you were revealed in the final times as unwaning stars
in the Church's honoured firmament.
You illumined all beneath the sun, all-praised ones,
with the splendour of your sufferings,
destroying the darkness of deception!
Therefore we celebrate your radiant and sacred suffering in faith,
enriched by your intercession.

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2.

Martyrs of Christ,
you were bound after a summary arrest and shut up in prison for a lengthy time.
You were divine preservers of the faith,
who refused to submit to his evil commands.
Therefore the infamous beast was enraged and slew you with the sword.
Now you have joyfully inherited higher things,
joining yourselves to the Kingdom,
all-glorious two and forty!

1.

Let us shout the praise of Constantine, Basoes and Callistus,
Theodore and Theophilus, and the rest of the divine company of athletes,
for they sacrificed themselves with joy,
electing to die for the life of all.
Now they rest in the city of the living God,
entreating that on the Day of Judgment,
we may find remission of sins and complete deliverance.

In Tone 6

Glory...

Your creating command was my origin and formation,
for You willed to fashion me, a living creature,* out of visible and invisible nature.
From the earth You formed my body
and gave me a soul by Your divine and life-creating breath.
Therefore, O Christ, give rest to Your servant in the place of the living,
in the abodes of the just.

Now...

Who would not call you blessed, O Virgin most holy?
Who would not sing a hymn of praise to the glory of your giving birth without pain or
travail?

The only-begotten Son Himself,
begotten of the Father before all ages,
was made flesh out of you in a manner that cannot be explained, O Woman most pure!
And for our sake He who is God by nature assumed the nature of man.
He is not divided into two persons;
He is understood to have two natures without commixion or confusion.
O noble and blessed Woman,
intercede with Him that He may have mercy on our souls.

PROKEIMENON I, TONE 4

Give us Your help against the foe,* for human help is vain.

verse: O God, You have rejected us and broken us. You have been angry; come back to
us.

READING I (Genesis 8:4-21)

The ark rested in the seventh month, the seventeenth day of the month, on the mountains of Ararat. And the waters decreased continually until the tenth month. In the tenth month, on the first day of the month, the tops of the mountains were seen. So it came to pass, at the end of forty days, that Noah opened the window of the ark which he had made. Then he sent out a raven, which kept going to and fro until the waters had dried up from the earth. He also sent out from himself a dove, to see if the waters had receded from the face of the ground. But the dove found no resting place for the sole of her foot, and she returned into the ark to him, for the waters were on the face of the whole earth. So he put out his hand and took her, and drew her into the ark to himself. And he waited yet another seven days, and again he sent the dove out from the ark. Then the dove came to him in the evening, and behold, a freshly plucked olive leaf was in her mouth; and Noah knew that the waters had receded from the earth. So he waited yet another seven days and sent out the dove, which did not return again to him anymore. And it came to pass in the six hundred and first year, in the first month, the first day of the month, that the waters were dried up from the earth; and Noah removed the covering of the ark and looked, and indeed the surface of the ground was dry. And in the second month, on the twenty-seventh day of the month, the earth was dried. Then God spoke to Noah, saying, "Go out of the ark, you and your wife, and your sons and your

sons' wives with you. Bring out with you every living thing of all flesh that is with you: birds and cattle and every creeping thing that creeps on the earth, so that they may abound on the earth, and be fruitful and multiply on the earth." So Noah went out, and his sons and his wife and his sons' wives with him. Every animal, every creeping thing, every bird, and whatever creeps on the earth, according to their families, went out of the ark. Then Noah built an altar to the LORD, and took of every clean animal and of every clean bird, and offered burnt offerings on the altar. And the LORD smelled a soothing aroma. Then the LORD said in His heart, "I will never again curse the ground for man's sake, although the imagination of man's heart is evil from his youth; nor will I again destroy every living thing as I have done.

PROKEIMENON II, TONE 6

O God, hear my cry!* Listen to my prayer!

verse: So I will always praise Your name; day after day I will fulfill my vows.

READING II (Proverbs 10:31-11:12)

The mouth of the righteous brings forth wisdom,

But the perverse tongue will be cut out.

The lips of the righteous know what is acceptable,

But the mouth of the wicked what is perverse.

Dishonest scales are an abomination to the LORD,

But a just weight is His delight.

When pride comes, then comes shame;

But with the humble is wisdom.

The integrity of the upright will guide them,

But the perversity of the unfaithful will destroy them.

Riches do not profit in the day of wrath,

But righteousness delivers from death.

The righteousness of the blameless will direct his way aright,

But the wicked will fall by his own wickedness.

The righteousness of the upright will deliver them,

But the unfaithful will be caught by their lust.

When a wicked man dies, his expectation will perish,

And the hope of the unjust perishes.

The righteous is delivered from trouble,

And it comes to the wicked instead.

The hypocrite with his mouth destroys his neighbour,

But through knowledge the righteous will be delivered.

When it goes well with the righteous, the city rejoices;

And when the wicked perish, there is jubilation.

By the blessing of the upright the city is exalted,

But it is overthrown by the mouth of the wicked.

He who is devoid of wisdom despises his neighbour,

But a man of understanding holds his peace.